
PATHWAYS June 2016

Monthly communications from Trinity Presbyterian Church



Message from Pastor Deb

It is June already! The school year is ending and children (and teachers) are excited to embrace a summer full of fun and adventure. When the weather turns warm, we Minnesotans head outdoors and our rhythms change and slow as the school year ends. Here at Trinity we have celebrated our high school graduates, of whom we are so proud. We are so thankful for the choir and Neal Strand's leadership in bringing the gift of choral music to our worship. Wednesday evening youth group and Sunday school have ended for the year, along with adult Sunday morning and Wednesday evening classes.



Summer rhythms at Trinity are a bit slower, but this also allows for new activities. Mission trips, retreats and day adventures for youth and children are on the calendar. Worship services will include special music featuring members of all ages. A women's summer Bible study will be offered on Friday mornings on the book of Hebrews. This summer's sermon series "Rabbi Jesus" will focus upon some of the sayings and rituals that were common knowledge in Jesus' day are a bit of a mystery to us. Learning more about first century Judaism and the culture in which Jesus lived and taught brings many passages into a whole new light. If you miss a Sunday service, you will be able to follow along with the messages online. The communications committee is working on the website this summer, and it will soon include recorded sermons for you to download.

Several things will change and ramp up over the summer as well. New elders and deacons will be elected on Sunday, June 12 at a congregational meeting following the worship service. (A big THANK YOU to those deacons and elders ending their terms of service!) These new church officers will be trained, ordained and installed in July. The Pastor Nominating Committee (PNC) will also be elected on June 12. The PNC will be trained over the summer by Rev. Gale Robb, our Committee on Ministry liaison from the Presbytery. And, the work of the session will continue, as well as our planning for fall programming.

I look forward to seeing you this summer. Many 'church shoppers' visit during the summer months and we wish to give them a warm welcome. As always, children are invited to the nursery for activities during the worship service.

May your summer be blessed with the joy of Christ, *Pastor Deb*

Trinity's New Mission Statement:

"Growing in Christ, Sharing God's Love"



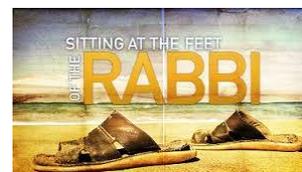
The Session and Strategic Planning Task Force have developed a new mission statement for Trinity. They analyzed the results from our congregation-wide survey and the Appreciative Inquiry interviews. From these, the strengths and values of Trinity were identified and our hopes and dreams for the future were articulated. The Session is currently developing a vision statement and five year goals. These documents will help guide our congregation as we move into the future. They will also be used by Pastor Nominating Committee in their search for a pastor who can come alongside our congregation in this vision. Look for a new vision statement this summer!

"Growing in Christ, Sharing God's Love." The Session wanted something short, to the point and easy to remember. "Growing in Christ" indicates that we are all on a journey in our faith - no one has arrived - and that everyone is welcome to join us as we seek to know and follow Jesus. "Growing in Christ" also indicates the heart of what draws us together and essence of what we are about at a church. Trinity exists because of Jesus Christ. Jesus is our foundation and our center, binding us together as we seek to worship and serve him.

The second phrase, "Sharing God's Love" speaks to what we are called to as a community. We are centered in Christ, but we are also sent out to serve others and share God's love in tangible ways with the world. As a community we share God's word, grace, and love with one another, but we also participate in God's redemptive plan to bring restoration, wholeness and the good news to the community and world.

Trinity Presbyterian Church: **Growing in Christ, Sharing God's Love.**

June's Worship Theme – "Rabbi Jesus"



June 5 - 2 Corinthians 11:17-33	"The Supper We Share" Communion Sunday
June 12- Romans 6:1-11	"Baptism in Christ"
June 19- Matthew 4:18-22	"Following as Disciples"
June 26- Matthew 11:28-30	"Rabbi Yeshua"

NEWS FROM THE NOMINATING COMMITTEE !

Those nominated to serve on the **Pastor Nominating Committee:**

**Jude Aborungong
Lynn Bahta
Tina Hacker
Lee Houck
Kate Keiper
Jay Wilkinson
Jane Williams**

We are contacting potential elders and deacons and will let you know soon who will be nominated.

Please continue to pray for all those who serve in leadership at Trinity and for the work of the PNC. Thank you!!!

CONGREGATIONAL MEETING



Session has called a Congregational Meeting for Sunday, June 12th immediately following the worship service to elect Trinity's new elders, deacons, and seven members to serve on the Pastor Nominating Committee (PNC). Please attend.

Your vote is important.

Note from Dee -

Summer Vitality



Summer! No school, vacations, a slower pace. We all look forward to calendars with fewer commitments and a bit more free time. Summer might be the perfect time to intentionally restore your energy and spirit. There are many ways to "feed" and renew your mind, body and soul.

Drink more water, and take more cooling showers or soaks in the tub than usual. Water has a cleansing, healing effect. Press a wet cloth to your face, throat and neck; close your eyes and imagine the water restoring your life force. Simply dip your fingertips into water and touch them to your forehead, closing your eyes. Imagine that your body/mind/spirit is growing quiet and clear; centered and restored. (continued)

A cleansing breath will gain you more oxygen. Breathe in deeply and then slowly exhale through the mouth, letting the air escape. Step outside several times a day (continued) and take a few breaths of air, even if it's not a beautiful day. Oxygen is a natural energizer and healer. Imagine that you are taking in life force of God, when you take in air. The more you do this, the more you will notice the benefits.

Read something uplifting every day - even one page of your favorite inspiring philosophy, self-help, or sacred text. When you contemplate something that relaxes and restores you, you become renewed in a variety of ways.

Meditate to connect with your inner self and to God. Sit comfortably, breathe steady, and check in with how you're feeling inside. Stress and tiredness make us unhappy, impatient and frustrated, and can affect our health. Meditation can make your mind calmer and more focused, and can help you to overcome stress and find some inner peace and balance. The practice of meditating has truly amazing health and spiritual benefits. Don't get caught up in the how - just do!

Trust that the Holy Spirit will show you what you need to restore your energy this summer season.

Blessings, Dee, Pastoral Care Associate

Trinity Offers a Women's Summer Bible Study of the Book of Hebrews



In the past God spoke to our ancestors through the prophets at many times and in various ways, but in these last days he has spoken to us by His Son, whom He appointed heir of all things. (Hebrews 1:1-2)

Author Matt Capps wrote, "Hebrews shows us that the bible is not a collection of unrelated bible stories, but is rather one unified story - the story of redemption through Jesus Christ. Simply put, the book of Hebrews helps us unfold the mystery of seeing Jesus Christ throughout the Old Testament. Throughout Hebrews we see the superiority of Jesus Christ above all things."

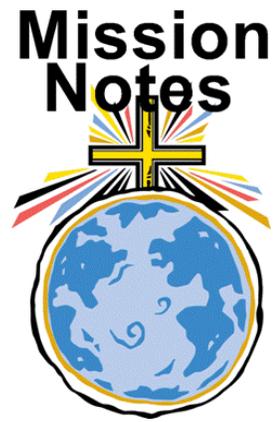
Sound intriguing? Using the book, Hebrews, by John MacArthur, let's study this mystery together. We'll meet at Trinity on Friday mornings through the summer from 10 - 11:30.

Cost for the book is \$5.00 and will be available in the church office soon.

Questions? Contact Debi Espe or Joyce Piper.

Mission Committee News

The mission committee explores and carries out mission efforts on behalf of all Trinity members. We'd like to give an update on our work the past couple of months. Two large offerings were promoted and collected. March Food Share giving was \$665 and 152 lbs. of food. This gives credit to our local Christian Cupboard. We raised \$912 for the One Great Hour of Sharing programs which include hunger and disaster relief and self-development of people around the world.



From the children's Sunday offerings we have paid another year of schooling for Balkissa, our student in Niger. She is currently finishing 6th grade and will soon be taking her national exams. If she passes and her family decides she should go on to middle school, we have sufficient funds to pay her additional fees (\$600 total). If she does not continue with school, we have the option to support a new student. In Niger, a middle school education will change the life and future of a boy or girl. The ability to read and write is a huge asset, and especially for the girls it means delaying marriage and pregnancies beyond their very early teen years!

We learned that matching funds were available for donations to Presbyterian mission coworkers, so we sent both our first and second quarter giving that we would normally give for Jed and Jenny Koball in Peru and Tyler and Rochelle Holm in Malawi (\$1300 total). Although the matching funds will not go directly to the two couples we support, the overall missionary program is in great need of additional money to keep all coworkers in the countries they serve. We hope you keep up to date on the work the Koballs and Holms do by reading their newsletters on the Mission Bulletin Board. We also sent 4 theology books to Tyler using money raised at the Alternative Christmas Market.

Finally, we sent \$400 to Family Place in St. Paul. This organization works hand in hand with Project Home to provide overnight and day services to homeless families. Some of these include Montessori preschool, childcare, youth leadership which includes life skills, a 16 wk. life skills program for parents to minimize repeated homelessness, healthy meals, and a new community garden. In July we'll be collecting school supplies for Family Place/Project Home.

We urge you to keep these efforts and our church's spirit of giving in your prayers. And don't hesitate to ask questions or bring suggestions to us!

The committee includes Bob Anderson, Emilia Effiom, Jack Mayfield, Joan Nichols, Barb Outcalt, Marie Skinner and Roxanne Willms.

DO YOU HAVE A NEW PHONE NUMBER . . . OR EMAIL?

We are working with a new database and want our information to be current and up-to-date with correct addresses, emails and phone numbers. Please, if you have new numbers or addresses, or if you no longer have a land-line and are using your cell phone as your main number, please let us know.



Call the office at 651-738-0045 or email dee@trinitywoodbury.org. When the database is complete, we will issue a new phone directory.

MILESTONE BIRTHDAY!

Virginia Geer turns 100 on June 30! Trinity is going to host a reception in her honor on Sunday, June 26 immediately following the worship service. Be sure to come and congratulate her on a life well-lived.



Please keep in your prayers:

Miriam Griffiths, recovering at he from a recent hospitalized.

Jan Bostrom, recovering in transitional care from a second surgery on her shoulder.



Sign-up For Sanctuary Flowers !

Please sign up for sanctuary flowers using the 2016 chart that is located in the Narthex on the bulletin board by the nursery. Flowers are purchased for \$20 and picked up at Sweet Pea Florist by a member of the Trinity Worship Committee.

So if you have a special occasion or a special person to honor, here is the opportunity to get some beautiful flowers and the information put in the worship bulletin.

Then after the service, the flowers are yours to take home! Just place the \$20 in the offering plate with a note that it is for flowers. Please leave the vase in the old kitchen on the counter. Thank you!



Thank You!

An anonymous donation has been given to Trinity in honor of Dee Lindblom's healing touch ministry.



Mark 6:56: *Wherever He entered villages, or cities, or countryside, they were laying the sick in the market places, and imploring Him that they might just touch the fringe of His cloak; and as many as touched it were being cured.*



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